Starving the Grift

A Guide to Ending Your Gangstalking

Dedication

To every person still walking through the fire:

You are not crazy.

You are not alone.

And you are not required to feed the machine forever.

Introduction

This document is a guide for a target to put a stop to their gangstalking: by starving the grift and winning at your secret shadow parole hearing. It details how secret government surveillance programs work, and how their program is written start to finish. It also encourages you to grow out of old mindsets and into new mindsets so that you do not continue to be a magnet for abuse. Understanding the program and the mindset that leads to being targeted provides a map for your escape: winning at your secret, hidden parole.

Chapter 1: Understanding Secret Policing Programs

The Department of Homeland Security (DHS) operates coordinated surveillance systems that do more than collect information. These systems allow agencies and affiliated actors to actively engage with, provoke, and apply pressure to ordinary citizens who land on watchlists. These programs are designed to "press buttons" in ways meant to destabilize targets, discredit them, or push them toward psychiatric evaluation or institutionalization.

The Department of Homeland Security was created after the 9/11 attacks through the Patriot Act and the Homeland Security Act. It was passed following a period of heavy propaganda focused on Islamic terrorism, 9/11, and patriotism. These laws introduced tools such as watchlists, fusion centers, and community-policing programs under the guise of counterterrorism. Over time, these systems expanded beyond foreign threats to include individuals labeled as "persons of interest". Today, the DHS policing system actively targets and harasses political activists, conspiracy theorists, and people who challenge institutional authority.

Most people placed on so-called "domestic terrorism" or watch lists have not committed crimes or met the legal standard for involuntary psychiatric commitment. As a result, agents use covert pressure tactics designed to provoke visible reactions. The most common tactic involves directing neighbors to surveil and follow the target. When a targeted individual reports this experience to a social worker or police officer, officials may interpret the claim as evidence of paranoia or mental illness and take them in. If the individual confronts those following her—by shouting, demanding that the behavior stop, entering private property, or displaying a weapon—law enforcement may respond with a wellness check or a misdemeanor charge, framing the reaction itself as proof of instability.

Once a target reacts a sufficient number of times—depending on state law—and incidents are documented on camera, the criminal justice and mental health systems take over. An official or affiliated party requests a police wellness check, or neighbors submit sworn statements to a local probate court alleging the need for psychiatric intervention. Law enforcement then detains the individual and transports her to an emergency involuntary-commitment hearing, often held inside a medical facility rather than a public courtroom. A few "mental health treatments" later, the target is injected with tech which allows voices to skull, or remote electric shock.

However, a target's fate is not fixed. If she refuses to take the bait, the system repeatedly reviews her case, placing her in a status that resembles informal parole. Over time, officials measure her behavior against undisclosed standards and tests. If she satisfies these criteria, an unseen decision-making process may quietly release her. The threshold, however, remains deliberately high: those enforcing the system attempt

to provoke missteps, and the target must clear the bar without knowing where it has been set.

Operations are Secret

To keep operations secret, everything must appear coincidental or normal. Off-duty police officers, neighborhood association members, and private contractors act as extensions of law enforcement, operating under non-disclosure agreements. For example, a neighborhood association might have an informal arrangement with an off-duty officer to monitor those on watchlists. He may direct stalkers who are hired by a private security firm. This off duty officer will not be subject to freedom of information requests and will not have to report anyone. These private organizations avoid creating paper trails that could be obtained through public records requests.

Operations are Local

Someone reading the Department of Homeland Security Act might assume its operations are mostly federal and distant. In reality, DHS works through partnerships with state and local governments, police departments, private companies, nonprofits, and public-private programs. Much of its funding flows down to the local level, especially to police departments.

Between roughly 2005 and 2010, many local police departments began promoting "community policing" and neighborhood security programs across the country. After these pitches, homeowners associations, neighborhoods, and businesses adopted new policies and programs under the banner of safety and security.

While people may vaguely sense that the DHS Act could be abused, many do not realize that related programs can operate quietly in their own neighborhoods. They may remember their HOA or community adopting a security or community-policing program after local presentations in 2008, but never connect it back to DHS—or consider that it could involve monitoring or reporting on neighbors.

Operations Follow Standard Contract Terms

These operations follow standardized contracts to qualify for funding and to keep these federal programs secret. Participants operate under community-policing frameworks coordinated by law-enforcement officers. Private security contracts pay neighbors for basic actions like crossing paths with targets within view of cameras, and larger payments for major events like arrests or involuntary psychiatric commitments. Participants must follow rules such as avoiding being clearly photographed more than three times so as to maintain plausible deniability.

DHS Involves Rolling Out a Recognizable Set of Tools

Surveillance networks use local crime centers, license plate readers, geospatial apps, and AI-controlled cameras rolled out at the local level. These systems feed information to DHS-supported fusion centers where federal, state, and local agencies share intelligence with minimal oversight. Programs like Operation Digital Shield allegedly deploy hundreds of Flock cameras with license plate readers connected to Real Time Crime Centers. Many new facilities are being built and opened. Once a state jumps through multiple hoops, it can collect federal funding for the programs under the DHS act.

Many police departments participate in camera-sharing programs that allow residents to voluntarily share footage from devices such as Ring cameras. In some cases, homeowners authorize full integration, enabling the police department to access live or archived footage. Allegedly, access to this footage is restricted and requires secure login credentials, and can only be viewed by an on-duty officer. However, the cameras are watched 24/7. Once a target is acting out on camera, the footage is accessed by an on duty officer called to the scene in a drama that makes the public believe that strict privacy guidelines are being followed.

Many court systems are merging with the mental health court system. Once targets are diagnosed as mental, officials are allowed to medicate them with almost double the medication as they can in prison.

DHS Creates a Role Reversal

The DHS Act creates a role reversal, where law-abiding citizens are monitored more closely than actual criminals. Whistleblowers face legal action while alleged wrongdoers escape scrutiny, and ordinary civilians are subjected to high-tech surveillance while the most dangerous actors remain unchecked. Morally upstanding individuals experience a "reverse moral standard" where they are penalized for failing to silently support a system that suppresses dissent.

DHS Coordinates Multiple Local Mafias

Once a person is placed on a watchlist, the DHS outsources harassment to various local criminal networks, which are funded indirectly and allowed to operate so long as they follow strict guidelines: maintaining secrecy, avoiding overt violence, and limiting their actions to individuals already designated as targets.

The pressure applied to them must remain variable. Constant surveillance in a predictable pattern alone would become too easy for a target to resist. Repeated stalking or public commentary would lose its impact. If a target does not break down from these methods, additional forms of pressure are introduced.

Under this framework, stalkers deliberately rotate and mix up their pressure. One week, perps will stalk or surveil a target. The next, perps will mess with the target at work—in ways that are coordinated and place professional licenses or employment at risk and leading to psychological evaluations. In other periods, the pressure may surface in financial settings, such as banking complications while assisting an elderly parent.

The variability is designed to prevent the target from adapting and to keep her off balance by ensuring that no single form of harassment becomes familiar or predictable.

Many criminal networks are alleged to profit from activities such as financial fraud, property damage, or human trafficking. Under this view, every major area of a target's life—employment, finances, caregiving responsibilities, or professional licensing—becomes a point where additional pressure and risk are applied.

Survival Strategies You'll Read That are Standard - and may or may not help

For people who are targeted there are several standard strategies that are repeated on the internet.

- Aggressive documentation using smartphones to record alleged stalkers.
- Wearing body cams. These don't necessarily stop the stalkers, but it forces them to rotate under their contracts or become more distant to continue the harassment and the paychecks.
- Continuous video recording with 360 cams while driving captures stalkers. Again, this won't stop their behavior, but forces them to adapt so as to maintain secrecy
- Varying your route – Surveillance planners divide neighborhoods into defined zones and routes where participants carry out their activities. A neighborhood may have walkable and unwalkable zones. A walkable zone will have many stalkers on foot while an unwalkable zone may rely on vehicular harassment. Over time, a targeted individual may identify these boundaries and avoid certain areas altogether. She may also notice repeated encounters near fixed locations, which have hidden cameras.
- 'Strategic ignorance'— go grey rock and deadpan. Many targets claim that if they go blackrock for a long time, the stalking stops. As if you must 'opt in' the entire contract by reacting. Perhaps stalkers need you to react to keep the paychecks coming
- Leaving the jurisdiction after an incident. If a sheriff could perform a wellness check and detain you, it's best to leave the area that he legally polices. Of course the flock camera surveillance system is making that harder. But you can do a lot with a scooter, mask and public transportation. Or simply getting

But most targets find that while these strategies to document harassment may change its form, this harassment rarely disappears.

Chapter 2: Understanding Archetypes - and Why Being "Right" Will Get You Hurt

Introduction: The Paradox of Truth

This book is not about whether gangstalking is real. This book is about survival. And survival requires you to understand something that goes against every instinct you have: being correct about what's happening to you is your biggest liability.

The people who survive targeted harassment don't survive by exposing it. They don't survive by documenting it. They don't survive by being whistleblowers or activists or truth-tellers. They survive by becoming strategically boring. They survive by making themselves institutionally necessary. They survive by understanding archetypal forces that govern power—and by never, ever embodying the wrong archetype at the wrong time.

This book will teach you to think in terms of five archetypal strategies:

- **Apollo:** The Sun. The truth-teller who gets crucified for being right. The Son.
- **Jupiter:** Zeus. The Father. The reliable, responsible, institutionally legitimate person who becomes ungangstalkable
- **Saturn:** Cronus. The Grandfather. The revenge-seeker who digs two graves
- **Mercury:** The tactical messenger who stays useful but unthreatening
- **Moon:** The adaptive presence who shifts with context

Your goal is simple: Become Jupiter. Avoid Apollo. Never touch Saturn. Use Mercury and Moon tactically.

Let's begin with why your instincts are wrong.

PART 1: Why Your Instincts Will Get You Hurt

Chapter 1: The Apollo Trap - Why Being Right Is Your Biggest Liability

The Pattern of the Truth-Teller

Apollo is the god of light, truth, prophecy, and illumination. In mythology, Apollo sees what others cannot see. He speaks what others will not speak. He brings darkness into light.

And he is consistently punished for it.

If you are experiencing coordinated harassment, your Apollo instinct is screaming at you right now. It's telling you to:

- Document everything
- Expose the perpetrators

- Tell everyone what's happening
- Seek justice through official channels
- Prove you're right

This instinct will get you institutionalized, fired, isolated, or worse.

Why Documentation Doesn't Protect You

You've been told to document everything. Get cameras. Keep logs. Record interactions. Save emails. Build your case.

Here's what actually happens when you do this:

You accumulate evidence that you are obsessively focused on being watched. You create a paper trail that demonstrates preoccupation with surveillance. You build a case that will be used against you—not to prove harassment, but to prove mental instability.

The psychiatric trap doesn't care about your evidence. In fact, your evidence becomes proof of the very thing they want to prove: that you are paranoid, obsessive, and detached from reality.

Consider the person who installs twelve cameras around their house to document neighborhood harassment. What does this prove? To you, it proves you're being targeted. To the psychiatric evaluator, it proves you have surveillance delusions.

Consider the person who keeps detailed logs of every suspicious vehicle, every unusual interaction, every perceived slight. What does this prove? To you, it proves a pattern. To the evaluator, it proves hypervigilance and pattern-seeking behavior consistent with paranoia.

The more thorough your documentation, the more convincing their case against you.

How Speaking Out Feeds Their Trap

When you tell people what's happening, you expect one of two responses:

- Belief and support
- Skepticism but respect for your perspective

What you actually get is a third response: concern about your mental state.

The more passionately you explain what's happening, the more unstable you appear. The more evidence you present, the more obsessive you seem. The more connections you draw, the more paranoid you look.

This is not because people are part of the conspiracy. This is because the phenomenon you're describing is, by design, unbelievable to people who aren't experiencing it.

Coordinated harassment works precisely because it operates below the threshold of obvious criminality. It works because each individual incident is deniable, dismissible, and explainable. It works because the pattern is invisible to anyone not experiencing it.

When you try to make the pattern visible, you don't expose the perpetrators. You expose yourself as someone who sees patterns where others see coincidence.

Real Cases: The Whistleblower Pattern

Every major whistleblower follows the same arc:

- They discover wrongdoing
- They report it through official channels
- They are ignored or told to stand down
- They escalate their reporting
- They are isolated, discredited, or removed
- They go public
- They are destroyed

The destruction doesn't come through criminal prosecution. It comes through psychiatric evaluation, professional blacklisting, and systematic isolation.

Karen Silkwood discovered nuclear safety violations. She died in a suspicious car accident before she could testify.

Edward Snowden exposed mass surveillance. He lives in permanent exile.

Chelsea Manning exposed war crimes. She was imprisoned and subjected to conditions designed to break her psychologically.

Reality Winner leaked evidence of election interference. She was prosecuted more harshly than people who commit violent crimes.

The pattern is clear: Truth-telling is not rewarded. It is punished.

And these are high-profile cases with public support and legal resources. If you are an ordinary person experiencing coordinated harassment, you have none of these protections.

When you embody Apollo, the Sun, or the Son of God, you are choosing crucifixion.

The Spiritual Cost of Being Right

There's something else the Apollo archetype doesn't tell you: being right is spiritually corrosive when you're powerless to act on it.

When you know something is happening and cannot make others see it, you have two choices:

- Accept that you cannot prove it and move on
- Become consumed by the need to prove it

The second choice will eat you alive.

You will spend hours analyzing events. You will replay conversations looking for hidden meanings. You will research gangstalking, targeted individuals, organized harassment. You will find online communities of people experiencing the same thing. You will feel validated—finally, someone understands.

And you will become increasingly isolated from normal life.

Your relationships will suffer because you can't stop talking about what's happening. Your work will suffer because you're distracted by surveillance. Your health will suffer because you're in a constant state of hypervigilance.

The people targeting you don't need to destroy you. You're destroying yourself by insisting on being right.

The Alternative: Strategic Silence

What if, instead of trying to prove you're right, you simply acted strategically?

What if you acknowledged privately that something might be happening, but publicly presented yourself as completely normal?

What if you stopped documenting obsessively and started building institutional legitimacy?

What if you made yourself so boring, so reliable, so necessary to legitimate institutions that targeting you became more trouble than it's worth?

This is the Jupiter strategy. We'll explore it fully in Part 2.

But first, you need to understand the other deadly archetype: Saturn.

PART 2: The Jupiter Strategy - Boring Your Way to Safety

Chapter 4: Jupiter as Your Primary Defense

The Archetype of Reliability

Jupiter, or Zeus, is the King of Olympus. He is the god of order, responsibility, justice, and institutional power. In Roman mythology, Jupiter rules not through brute force or deception, but through authority, legitimacy, and the maintenance of cosmic order.

When you embody Jupiter, you become:

- Reliable and consistent
- Responsible and accountable
- Institutionally legitimate
- Necessary to systems and people
- Boring in the best possible way

This is your primary defense against coordinated harassment.

Why "Normal" Is Your Armor

The people targeting you want you to appear unstable, unreliable, and threatening. Every tactic they use is designed to provoke reactions that confirm this narrative.

When you embody Jupiter, you deny them this confirmation.

You show up to work on time, every time. You meet your obligations. You maintain professional boundaries. You follow rules and procedures. You document appropriately—not obsessively, but appropriately. And you don't react to their Clown Show because it is irrelevant to your routine.

You become someone who cannot be easily dismissed as paranoid or unstable because your behavior is consistently, boringly normal.

This doesn't mean you're not experiencing harassment. It means you're not giving them evidence to use against you.

The Power of Showing Up

Jupiter's power comes from consistency over time. It comes from being the person who shows up when others don't.

If you have a job, you show up for every shift. You complete your work competently. You maintain professional relationships. You become someone the organization depends on.

If you have family responsibilities, you show up for them. If you're caring for an elderly parent, you're there for every doctor's appointment, every medication check, every meal. You keep meticulous records—not of harassment, but of care provided.

If you have community obligations, you fulfill them. If you're on a committee, you attend meetings. If you volunteer, you show up consistently.

This consistency creates institutional memory. People remember that you're reliable. People depend on you. People vouch for you.

And when someone tries to discredit you, there's a body of evidence—in the form of other people's experiences with you—that contradicts the narrative.

Why Institutional Legitimacy Matters

If you're an outsider complaining about mistreatment, institutions can dismiss you. But if you're embedded within an institution—if you serve an institutional function, if you're necessary to its operations—then attacking you creates institutional problems.

Let's say you're on your HOA board. You're the treasurer. You've managed the finances competently for two years. You attend every meeting. You respond to every email. You've saved the association money through better vendor negotiations.

Now someone claims you're unstable or threatening.

The board has to weigh that claim against their direct experience with you. They've worked alongside you for years. You've been professional and reliable. The finances are clean. The documentation is meticulous.

Are they really going to believe you're a threat—or are they going to question the motives of the person making the accusation?

This is the power of Jupiter: you make the cost of believing you're unstable higher than the cost of dismissing the allegation.

In archetypal terms, this is why Jupiter—or Zeus—energy usually overrides Saturn energy. Institutions default toward order, continuity, and legitimacy. They protect what functions, what stabilizes, and what sustains their own operations. Only during Saturn's brief "dark season"—periods of fear, collapse, or inversion—does restrictive or punitive logic temporarily dominate.

Jupiter, King of Olympus, is the god of order, justice, and legitimate authority. He rules not through brute force or deception, but through recognized sovereignty and responsibility. This is Father energy: visible, lawful, and stabilizing. When you embody it,

institutions hesitate to move against you—not because you are powerful in isolation, but because removing you would disrupt the order they depend on.

Chapter 5: The Mercury Strategy - You Cannot Shoot the Messenger

The Archetype of the Untouchable Helper

Mercury is the messenger god. Quick, clever, beneath notice. Mercury carries messages but makes no decisions. Mercury facilitates but takes no responsibility. Mercury moves between worlds—mortal and divine, conscious and unconscious—without belonging to either.

In practical terms, Mercury is the ultimate protective archetype because Mercury cannot be held accountable.

You cannot shoot the messenger.

Why Mercury Is Protected Even in Law

Here's something most people don't know about administrative law: the government assumes no liability for clerical or procedural errors. Only for discretionary decisions.

Think about what that means:

If a government official makes a judgment call—decides to approve or deny something, decides to intervene or not intervene—that's discretionary. They can be held liable if that decision was wrong.

But if a clerk processes paperwork, follows established procedures, carries out instructions— that's ministerial. That's clerical. No discretion was used, so no liability attaches.

Mercury operates in this protected space: all procedure, no discretion.

Mercury in the Workplace: Strategic Demotion as Protection

When you're experiencing workplace sabotage—projects being reassigned, documentation going missing, being excluded from meetings—your Jupiter position becomes a liability. Being in a position of authority and decision-making gives your opponents opportunities to frame your work as incompetent.

This is when you shift to Mercury mode.

You strategically demote yourself:

- Step back from high-visibility projects
- Reduce your decision-making authority
- Become the person who implements rather than directs
- Focus on administrative or support tasks
- Make yourself useful but unremarkable

Suddenly, you're not making decisions that can be second-guessed. You're just following instructions.

"I'm just processing what they told me to process."

"I'm just forwarding what they told me to forward."

"I'm just scheduling what they told me to schedule."

If something goes wrong, you're not the one who made the call. You were just the messenger.

The Power of Being Underpaid in Safety

Mercury positions are typically lower-paid than Jupiter positions. This is deliberate.

You're trading salary for insurance. You're trading prestige for protection.

The clerk doesn't make as much as the manager. But the clerk also doesn't get fired when the department fails. The clerk was just doing what they were told.

Helper Mouse isn't demanding very much. Helper Mouse isn't ultimately responsible. Helper Mouse just helps.

And you can't punish Helper Mouse for following instructions.

Mercury in Community Organizations

If you're experiencing targeting through your HOA or neighborhood association, Mercury mode means stepping down from leadership but not from participation.

You resign as treasurer. You don't run for board positions. But you still show up.

You volunteer for the unglamorous tasks:

- Setting up chairs for meetings
- Distributing flyers
- Taking notes (but not making decisions)
- Running errands
- Helping with execution, never planning

"I'm just helping out. They make the decisions, I just do what they ask."

You're maintaining institutional connection—you're not isolated—but you're not in a position where sabotage can be framed as your fault.

Mercury and Plausible Deniability

Mercury has built-in plausible deniability:

"I was just following the instructions I was given. If those instructions were wrong, that's not on me."

"I'm not the decision-maker. I just process the paperwork."

"I don't have the authority to make that call. I just do what I'm told."

This protects you because any attack on your performance has to acknowledge that you weren't the one making the decisions. Someone else was responsible. You were just the messenger.

When to Use Mercury vs Jupiter

Use Jupiter when:

- You're not under active targeting
- You have the energy and resources to maintain high-profile positions
- Your institutional connections are strong enough to protect you
- Being indispensable is working as a defense

Switch to Mercury when:

- You're experiencing active workplace sabotage
- Your Jupiter position is being used against you
- You need to reduce your profile while maintaining connection
- You're exhausted and need protection more than prestige

Mercury is not permanent retreat. It's tactical repositioning.

You stay in the institution. You stay useful. You stay connected. But you make yourself a target they can't effectively hit because you're not making decisions they can attack.

Mercury Documentation Strategy

Even in Mercury mode, you document—but differently than Apollo and differently than Jupiter.

Mercury documents:

- "I was instructed to do X by [person]"
- "I followed the procedure as outlined"
- "I transmitted the message/document/request as directed"
- "I carried out the task according to the instructions provided"

This creates a paper trail showing you followed orders. If something goes wrong, the decision-maker is accountable, not you.

The Mercury Retreat Is Not Surrender

Some people interpret Mercury mode as giving up. "I used to be the manager, now I'm just the assistant. I've been demoted."

Reframe this:

You haven't been demoted. You've strategically repositioned.

You're trading:

- High visibility for low vulnerability
- Decision-making power for protection from decision-making liability
- Prestige for safety
- Salary for insurance against targeting

And most importantly: you're still in the game.

Mercury stays in the institution. Mercury maintains connections. Mercury remains useful. Mercury can always transition back to Jupiter when the pressure subsides.

But Apollo gets crucified. Saturn digs two graves. Mercury survives.

Real-World Example: The Assistant Who Outlasted Everyone

Consider someone who was being targeted in a corporate environment. She was a mid-level manager. Her projects kept getting reassigned. Her work kept going missing. She was being set up for termination.

Instead of fighting to maintain her managerial position (Jupiter under siege) or documenting the harassment obsessively (Apollo trap), she requested a lateral move to an administrative support role.

Lower pay. Less prestige. But also: no discretionary decision-making. Just processing, scheduling, coordinating.

"I'm just the assistant. I do what they tell me to do."

The targeting continued for a while—but it had no traction. You can't frame an assistant as incompetent for following instructions.

Two years later, the people who had been targeting her had moved on or been fired themselves. She quietly transitioned back into a management role—in a different department, with a clean record.

Mercury survived. Mercury outlasted. Mercury won.

The Mercury Principle: Useful But Not Responsible

The core Mercury principle is this:

Be useful enough to stay employed. But not responsible enough to be blamed.

Facilitate. Don't decide.

Transmit. Don't judge.

Execute. Don't plan.

Help. Don't lead.

You cannot shoot the messenger. And Mercury is always, only, the messenger.

Chapter 6: The Moon Strategy - The Most Protective Archetype

The Archetype of Reflection and Disappearance

The Moon doesn't produce its own light. It reflects the Sun's. The Moon changes appearance based on position and perspective. The Moon has phases—visible, hidden, waxing, waning. The Moon pulls tides, governs cycles, and disappears completely during the new moon.

The Moon is the most protective archetype because the Moon knows how to vanish.

And the Moon knows how to give back only what it receives.

The 60/40 Principle: Moon as Relational Intelligence

In social dynamics, there's a charm principle that governs healthy relationships: never give more than 60% into a relationship you value. And never reflect back less than 40% if you want the relationship to continue.

This is pure Moon wisdom.

60/40 maintains balance. It prevents exploitation while maintaining connection.

If you give 100% to someone who gives you 20%, you lose self-respect. You become a resource to be extracted. You're being used.

If you give 0% back when someone gives you 60%, you sever the relationship. You're isolating yourself.

Moon maintains the 60/40 balance naturally. Moon reflects what it receives—no more, no less than necessary.

Moon vs Saturn: Protection Through Withdrawal

This is crucial when dealing with Saturnian institutional types.

Saturn types TAKE. Saturn types USE. Saturn types extract without reciprocating.

The stalker gives you nothing. The corrupt APS worker gives you nothing. The banker freezing your account gives you nothing. The HOA board member harassing you gives you nothing.

They take your time, your energy, your attention, your reaction.

Moon's response: I'm giving less than nothing back because I'm not getting anything.

This is immediately protective.

The New Moon: Strategic Invisibility

The Moon has a trick that Apollo can never learn: it goes dark.

During the new moon, the Moon disappears from view entirely. It's still there. But it cannot be seen.

This is the Moon's ultimate protection: strategic invisibility.

In gangstalking scenarios, this means:

- **If a stalker is in your path:** Immediately reroute. Don't confront. Don't document. Don't react. Just disappear from their line of sight.
- **If you see someone you believe is surveilling you:** Look down. Avoid eye contact. Become uninteresting. Fade into the background.
- **If a stalker is working out at LA Fitness:** You slip away like a water sign. You move to a different machine. Different area. Different time. You don't announce this. You just fade.
- **If you're being followed while driving:** You don't speed up dramatically (Apollo would do this to "prove" the following). You just take the next turn. Casually. Naturally. And then another. Until you've quietly lost them.

Moon doesn't fight. Moon doesn't expose. Moon simply isn't there anymore.

Moon vs Apollo: The Ego Trap

Apollo is the worst archetype in stalking situations precisely because Apollo needs validation.

Apollo is "I need validation" ego-driven Sun-in-Leo energy:

"I'm a truth-teller! Be impressed by my truth-telling!"

"Be impressed by my intellect!"

"I must tell everyone what I see! I'm so special!"

"This is a stalker! This is a mafia, folks! Be so happy I'm pointing this out to you!"

Apollo NEEDS to be seen. Apollo NEEDS to be acknowledged. Apollo NEEDS to be right in front of everyone.

This makes Apollo the easiest target in the world.

Every Apollo impulse:

- "I need to document this and show people!" → Evidence of paranoia
- "I need to expose this publicly!" → Social isolation

- "I need to prove I'm right!" → Obsessive behavior
- "Look at what they're doing to me!" → Victim identity that confirms instability narrative

Apollo makes you VISIBLE at exactly the moment you need to be INVISIBLE.

Moon does the opposite.

Moon doesn't need validation. Moon doesn't need to be seen. Moon is perfectly comfortable disappearing.

Moon Fashion: Grey, Unremarkable, Forgettable

Moon dresses to disappear:

- Grey, navy, black, beige—neutral colors that don't attract attention
- No logos, no distinctive patterns, no memorable accessories
- Clothing that matches the environment (business casual in business areas, athletic wear at gym, etc.)
- Hairstyles that are common and unremarkable
- Sunglasses when appropriate (face less visible)

The goal: when someone tries to describe you later, they can't.

"What did the target look like today?"

"Um... I don't know. Normal? Grey shirt maybe? I didn't really notice."

Apollo wears bright colors. Apollo makes statements. Apollo wants to be noticed.

Moon fades into the background.

Moon Behavior: Adaptive and Context-Appropriate

Moon changes based on context. This isn't deception—it's social intelligence.

At work: Professional, reserved, focused on tasks. Emotionally neutral. Boundaries maintained.

With family: Warmer, more emotionally available, more willing to engage personally.

In community settings: Friendly but not overly familiar. Helpful but not dominating. Present but not memorable.

Online: Minimal. Bland. No political content. No personal revelations. The most boring social media presence imaginable.

Each context sees a different phase of the Moon—all genuine, all appropriate, but none giving stalkers or evaluators a consistent, documentable profile.

If they're trying to build a case that you're unstable:

- Your coworkers say you're calm and professional
- Your family says you're warm and caring
- Your neighbors say you're pleasant and helpful
- Your social media shows nothing concerning

The variability prevents a coherent narrative. You're not ONE thing they can point to. You're contextual. Adaptive. Like the Moon itself.

Moon Energy Conservation: Giving Back What You Receive

Moon is exquisitely sensitive to energy exchange.

When someone gives you positive energy—genuine kindness, real help, authentic connection—Moon reflects that back. 60/40. You give back, you maintain the relationship, you reciprocate appropriately.

When someone gives you nothing—or worse, when they're extracting from you—Moon gives nothing back.

The stalker crossing your path gets:

- No eye contact
- No reaction
- No emotional energy
- Nothing to report

The corrupt official demanding excessive documentation gets:

- Minimal compliance
- No excess effort
- No personal investment
- Exactly what's required and not one thing more

Moon doesn't waste light on people who give nothing back.

Moon Route Variation: Never Predictable

Moon changes routes, times, patterns constantly—but naturally, not frantically.

If you normally go to Starbucks at 8am, Moon goes at 7:30 one day, 9:00 another, skips it entirely on a third.

If you normally drive Main Street to work, Moon takes Oak Street. Then Maple. Then back to Main. No pattern.

If you normally shop at Whole Foods, Moon goes to Trader Joe's. Then Safeway. Then back to Whole Foods. Unpredictable.

This isn't paranoid route variation (Apollo does this frantically). This is natural Moon behavior: changing with cycles, following intuition, being fluid.

Surveillance planners divide neighborhoods into defined zones. Moon flows between zones like water, never establishing a pattern they can predict.

Moon and the Clown Show: Strategic Non-Reaction

When stalkers perform "street theater"—obvious, theatrical harassment meant to provoke a reaction—Apollo takes the bait.

Apollo: "Did you see that?! That was OBVIOUSLY coordinated! I'm going to document this! I'm going to tell everyone!"

Moon: *doesn't even register it as significant*

Moon treats the clown show like background noise. Like weather. Like traffic. Present, noted peripherally, not engaged with.

This is the 60/40 principle in action: they're giving you a performance. You give back nothing.

No reaction = no paycheck for the stalker (if they're paid per provoked response).

No reaction = nothing to report to their handler.

No reaction = you're boring, non-threatening, not worth continued effort.

Why Moon Is More Protective Than Jupiter

Jupiter is powerful. Jupiter creates institutional protection through being necessary.

But Jupiter is VISIBLE. Jupiter is ON THE BOARD. Jupiter is DOCUMENTED.

Moon is invisible when needed. Moon has no fixed position. Moon cannot be pinned down.

If they're trying to target you:

- Jupiter makes it institutionally costly (they'd have to remove someone necessary)
- Moon makes it practically impossible (they can't find a consistent target to hit)

Jupiter is defensive fortification. Moon is guerrilla warfare.

Both work. But Moon is harder to defeat because Moon is never fully there.

Combining Moon and Mercury: Maximum Protection

The most protective position is Moon behavior with Mercury institutional positioning.

Mercury in the institution: just the helper, just the clerk, can't shoot the messenger.

Moon in behavior: adaptive, invisible when needed, giving back only what you receive, no consistent pattern.

Together, they create a target that cannot be effectively hit:

- You're in the institution (not isolated)
- But you're not making decisions (no discretionary liability)
- You're visible enough to maintain connections (not withdrawn)
- But invisible enough to avoid targeting (grey, adaptive, disappearing when needed)
- You give back to people who give to you (maintaining relationships)
- But nothing to people extracting from you (protecting your energy)

This is how you survive long-term.

The Moon Knows: Phases Are Temporary

The final Moon wisdom: everything is temporary.

The new moon doesn't last forever. Neither does the full moon.

If you're in a period of intense targeting:

Go new moon. Disappear. Be invisible. Give nothing back. Conserve energy.

When the pressure subsides:

You can wax again. You can become more visible. You can return to Jupiter if appropriate.

Moon doesn't fight the cycles. Moon works with them.

Apollo fights and gets destroyed. Saturn seeks revenge and digs two graves. Jupiter fortifies and sometimes gets besieged.

Moon adapts, disappears, re-emerges, and survives.

This is the most protective archetype because it never commits to being one thing.

You cannot shoot the messenger (Mercury).

And you cannot shoot what you cannot see (Moon).

Chapter 2: The Saturn Temptation - Why Revenge Requires Two Graves

Understanding the Inversion

Saturn is the hidden god. The god of secrets, boundaries, limitations, and time. In the positive aspect, Saturn represents discipline, structure, and maturity. In the negative aspect, Saturn represents oppression, cruelty, and inversion. He is Cronos, the devourer of his own children — Father Time, who consumes what he creates in fear of being replaced.

When you are being targeted by coordinated harassment, you are experiencing Saturnian tactics:

- Secret protocols that govern behavior
- Hidden watchlists with no due process
- Inverted systems where protections become weapons
- Time-delayed consequences designed to break you

Your natural response to Saturnian tactics is to adopt Saturnian methods yourself.

You want to:

- Investigate your harassers
- Expose their identities
- Document their personal information
- Find ways to retaliate
- Make them suffer as you have suffered

This is the Saturn temptation. And it will require two graves—one for your target, and one for you.

The Stalkers Themselves Embody Saturn

Here's what most targets don't immediately recognize: the people conducting organized harassment are themselves operating in Saturn mode. They work in secret. They follow hidden protocols. They operate under time constraints and contractual obligations. They are bound by rules they cannot discuss. They are Satanic / Saturnic. They love things to go down in a wild way on Saturn-day night. They work in darkness as Saturn is the furthest planet form the sun in classic astrology. They are, in essence, trapped in a Saturnian structure. Except in reverse. They are a grift. A clown for hire. A pirate.

The neighborhood stalker who crosses your path for payment is not free. He's bound by a contract that limits how many times he can be photographed. He must rotate his schedule. He operates under the threat of exposure or termination. He's a cog in a hidden machine, subject to oversight he cannot challenge.

The off-duty officer coordinating surveillance is not powerful. He's operating outside official channels, which means he has no institutional protections if things go wrong. He must maintain absolute secrecy. He cannot report through normal channels. He is as trapped in the shadow system as you are—just on the other side.

Understanding this is crucial because it reveals the fundamental nature of the system: Saturn devours its own. The harassers are expendable. The moment they become visible or create problems, they will be cut loose. The system protects itself, not its participants.

The Paradox of Saturnian Submission

Now here's where things get interesting—and where your survival strategy becomes counterintuitive.

Earlier, I warned you away from Saturn-style revenge. That remains true. Investigating your harassers, seeking retaliation, becoming obsessed with exposure—these are paths to self-destruction.

But there's another form of Saturn that you must understand: Saturnian submission. And this is actually what the system wants from you when you're on their secret parole.

Think about it: Saturn represents authority, structure, and obedience to hierarchical power. Saturn rules the military. The police. The resets. The close of a cycle. Martial law. In its positive aspect, this is discipline and respect for legitimate authority. In its negative aspect, it's blind submission to oppressive power.

When you're on shadow parole, the system is testing whether you will:

- Submit to authority without questioning
- Accept the hidden rules without challenging them
- Remain silent about injustice
- Act as if nothing is wrong even when everything is wrong
- Become institutionally compliant

This is Saturnian behavior—but directed inward, toward yourself, rather than outward toward others. It's self-suppression. It's the internalization of control.

And here's the brutal truth: for someone on secret parole, this kind of Saturnian submission— pretending nothing is happening, going about your life as if the surveillance doesn't exist, maintaining perfect compliance—is often what gets you released.

Not because submission is morally right. But because it demonstrates you're no longer a threat.

The Difference Between Saturn-as-Revenge and Saturn-as-Compliance

So we have two forms of Saturn:

- **Saturn as Revenge:** Investigating harassers, seeking retaliation, operating in secret darkness yourself. This destroys you.
- **Saturn as Compliance:** Submitting to hidden authority, accepting the rules of secret parole, acting as if nothing is wrong. This is what the system demands.

Both are Saturnian. Both involve operating within a hidden, oppressive structure.

The difference is direction:

- Revenge Saturn turns you into an active participant in the shadow world. You become what you hate. You fight darkness with darkness. And darkness always wins that fight.
- Compliance Saturn turns you into a passive participant. You acknowledge the shadow exists but refuse to engage with it. You go through the motions of normal life while privately knowing the game is rigged.

Is Compliance Saturn morally satisfying? Absolutely not. It feels like surrender. It feels like you're letting them win. It feels like you're betraying your principles.

But it keeps you out of psychiatric hold. It keeps you employed. It keeps you functional.

And most importantly: it creates the conditions for eventual escape.

Why This Matters for Secret Parole

If you're on a secret watchlist and subject to hidden parole review, the people evaluating your case are asking themselves one question: "Is this person still a threat?"

They're not asking if you're morally right. They're not asking if you've been treated fairly. They're asking: are you compliant?

If you embody Apollo (the truth-teller), you're a threat. You might expose the program.

If you embody Revenge Saturn (the investigator), you're a threat. You might retaliate or create legal problems.

If you embody Compliance Saturn (the silent sufferer), you're manageable. You're going through the motions. You're not making noise. You're not drawing attention.

And eventually, if you maintain that posture long enough, you become boring. Not worth the resources. Not worth continued monitoring.

That's when they let you go.

The Obsession Cycle

When you begin investigating your harassers, something happens to your psychology. You become obsessed.

You start spending hours researching public records, social media profiles, professional histories. You start mapping connections. You start seeing how everything links together.

You feel a sense of power. Finally, you're not helpless. Finally, you're doing something.

But you're not doing something productive. You're feeding an obsession that will consume you.

The people targeting you want you to become obsessed with them. Obsession is evidence of mental instability. Obsession pulls you away from normal life. Obsession makes you increasingly isolated and paranoid.

Every hour you spend researching your harassers is an hour you're not spending on work, relationships, health, or building actual protection.

And here's the worst part: if you actually do find actionable information and attempt to use it, you become the perpetrator in the eyes of the law.

How Retaliation Escalates

Let's say you identify someone you believe is coordinating harassment against you. Let's say you're right. Let's say you have evidence.

What do you do with this information?

If you confront them publicly, you look unstable. If you report them to authorities, you have no standing—coordinated harassment is designed to be legally invisible. If you attempt to retaliate through social or professional consequences, you become the aggressor.

And if you succeed in causing them harm, you've started a war you cannot win.

Your local stalkers—whether they're neighbors, HOA members, or informal community networks—now have a legitimate grievance against you. You've retaliated against them. You've attempted to harm them. They can now frame their continued targeting as self-defense or protection of the community.

You've given them exactly what they needed: justification.

The harassment will escalate. It will become more aggressive, more coordinated, and more damaging. And now, if you report it, they can point to your prior retaliation as evidence that you are the problem.

You wanted revenge. You got a war.

The Spiritual and Psychological Cost

There's a reason the old saying warns that "before you embark on a journey of revenge, dig two graves."

When you adopt Saturnian tactics, you become Saturnian yourself. You become secretive, obsessive, vengeful. You start operating from a place of darkness rather than light.

This changes you at a fundamental level.

You stop being someone who wants justice and become someone who wants suffering. You stop being someone who wants peace and become someone who wants victory. You stop being someone who wants to move forward and become someone who is trapped in the past.

The psychological term for this is "identification with the aggressor." You become what you hate.

And once you've gone there, it's very difficult to come back.

Why You Can Never Win a Covert War

Here's the practical reality: if you are being targeted by coordinated harassment, your opponents have structural advantages you cannot overcome through Saturnian tactics.

They have:

- Numerical superiority (multiple harassers vs one target)
- Institutional access (connections to law enforcement, civic groups, professional networks)
- Plausible deniability (their actions are individually dismissible)
- Legal protection (they're not technically breaking laws)
- Time (they can sustain low-level harassment indefinitely)

You have:

- Evidence that looks like paranoia
- Isolation from normal support systems
- Limited resources
- Increasing psychological distress

- No legal recourse

If you engage in a covert war with these disadvantages, you will lose.

The only way to win is not to play.

The Alternative: Strategic Disengagement

What if, instead of trying to destroy your harassers, you simply made yourself un-gangstalkable?

What if you stopped researching them and started building legitimate institutional power?

What if you joined the very organizations used to target you—and rewrote the rules from the inside?

Rules that must be followed openly, instead of hidden protocols that exist only in shadow.

What if you became so necessary, so reliable, so institutionally embedded that targeting you created more problems than it solved?

This is the Jupiter strategy. And unlike Saturn, it actually works.

The Psychiatric Trap vs Criminal Prosecution

Here's what most targeted individuals don't understand: the goal is not to prosecute you criminally. The goal is to engineer a psychiatric crisis.

Criminal prosecution requires evidence, due process, and public accountability. It's messy, expensive, and creates opportunities for exposure.

Psychiatric intervention requires only concern for your wellbeing. It can be initiated by family, employers, or law enforcement based on subjective observations. It creates a permanent record of mental instability. And it's extremely difficult to challenge.

The harassment you experience is designed to:

- Create stress responses that look like mental instability
- Provoke reactions that can be framed as threatening or irrational
- Isolate you from support systems
- Generate documentation of "concerning behavior"
- Justify involuntary psychiatric evaluation

Once you've been psychiatrically evaluated—even if you're released—you have a record. This record affects employment, gun ownership, professional licensing, custody disputes, and legal credibility.

You don't need to be convicted of anything. You just need to be documented as potentially unstable.

Why Standard Advice Fails

When people experience harassment, they're told to:

- Call the police
- Hire a lawyer
- Install cameras
- Document everything
- File restraining orders

This advice assumes you're dealing with obvious criminal behavior by identifiable perpetrators.

Coordinated harassment doesn't work that way.

- **Police reports are ineffective** because individual incidents don't meet the threshold for criminal action. An officer driving past your house isn't a crime. A neighbor parking near your property isn't a crime. Being followed in a store isn't a crime.

- **Lawyers can't help** because there's no clear legal violation to address. Harassment laws require specific threats or repeated contact by an identifiable person. Coordinated actions by multiple people, none of whom individually cross the line, don't qualify.
- **Cameras capture evidence,** but evidence of what? Someone walking past your house? A car idling on your street? These things aren't illegal. And the more cameras you install, the more paranoid you look.
- **Documentation becomes evidence of your obsession** rather than evidence of targeting.
- **Restraining orders require** you to identify specific perpetrators and demonstrate a pattern of threatening behavior. If your harassment is distributed across multiple people or consists of legal activities, you have no grounds.

The system is not designed to handle distributed, coordinated, technically-legal harassment.

Why Isolation Is the Weapon

The ultimate goal of coordinated harassment is not to harm you physically. It's to isolate you socially and institutionally.

When you're isolated:

- You have no witnesses to corroborate your experiences
- You have no allies to vouch for your character
- You have no institutional protections
- You have no buffer against psychiatric intervention

Isolation makes you vulnerable to every other tactic.

And the most effective way to isolate you is to make you isolate yourself by making you believe everyone around you is part of the targeting.

If you withdraw from work, social activities, civic engagement, and family relationships because you believe everyone is compromised, you've done their work for them.

This is why the Jupiter strategy—staying institutionally engaged—is so critical.

Which Zodiac Sign Survives Gangstalking?

Gangstalking isn't random — it's tailored to your energy.

Every zodiac sign has a natural "superpower"… and the system knows exactly how to turn it into a trap that keeps the harassment profitable and never-ending. They bait Aries to fight, Leo to shine, Virgo to serve — and then punish the predictable reaction. Only one sign slips the noose: quiet, law-abiding, unbreakable endurance.

Here's what happens when they target each zodiac sign :

Aries:

You: React angrily, charge head-on, confront directly

Them: They jail you for assault / "aggression" or turn it into a felony setup.

Taurus

You: Buy security tools (Tesla with cameras, guard stuff)

Them: They wreck/destroy your expensive protection out of jealousy or threat; insist you must "endure" without tools.

Gemini

You: Expose anonymously (Nextdoor, forums, subtle posts)

Them: They become mods/admins, delete anon profiles, trace/block your accounts — deception vs deception.

Cancer

You: Hide emotionally, retreat, protect your safe space

Them: They divert paths, force confrontations, invade your home/space anyway — hiding becomes impossible.

Leo

You: Whistleblow loudly, toot horn to authorities/media

Them: They label you delusional/paranoid, get you committed to mental institution after "alerting" backfires.

Virgo You: Become low-key clerk / “helper mouse,” just serve as your elderly parents assistant or workplace clerk. You lay low and don’t confront stalkers.

Then: They force you into POA/guardian role, pin full blame on you, sabotage your team to get you fired.

Libra

You: Try to balance work/play/life, seek fair diplomacy

Them: They break 50 things at once with insane timing — your balance shatters under overload.

Scorpio

You: Sting back intensely, probe hidden weaknesses

Them: They sting harder, break your things, escalate power war — mutual destruction.

Sagittarius

You: Join neighborhood boards, infiltrate, rewrite hidden rules

Them: They fire you from the board, sabotage security, pin blame — expansion gets expelled.

Capricorn

You: Endure silently, read law, comply meticulously, fix quietly Only one that works — no easy backfire. You outlast, make ops unprofitable, force closure on merit. Don’t react to their silly drama.

Aquarius

You: Join collective rebellion (protests, group activities)

Them: They frame you with planted evidence (Molotovs, extremism), jail you as the “radical.”

Pisces

You: Bend, flow, dissolve boundaries, try to escape softly

Them: They take everything, leave you penniless/broken — total erasure, you fade without fight.

Bottom line:The system seems designed to bait fiery/direct/individual reactions (Aries/Leo especially) because those are easiest to criminalize or discredit. Mutable/adaptive energies get co-opted or overloaded. Water signs get invaded or erased.

The only archetype that consistently starves the grift is Capricorn: no drama, no exposure, no avoidance—just relentless, boring, law-abiding endurance until there’s no money left in harassing

you. If you want to beat gangstalking, study the Capricorn sign. The steady goat who understands systematic sabotages and lessons of the darkest planet furthest from the sun : Saturn

Chapter 3: The Secret Parole System - Understanding Your Hidden Review

The Reality of Shadow Parole

If you are on a watchlist, you need to understand that you are subject to periodic review. This is not metaphorical. Somewhere, in a system you cannot access, your case file exists. And periodically—monthly, quarterly, annually, depending on your threat classification—a board meets to evaluate your status.

You are never notified these hearings are happening. You cannot attend. You cannot defend yourself.

This is shadow parole. And it works exactly like regular parole, except you never knew you were convicted, you don't know what you're convicted of, and you don't know the terms of your release.

How Shadow Parole Boards Work

A classified board meets in a fusion center or similar facility. The participants typically include:

- Fusion center analysts who monitor your data
- Local law enforcement liaisons
- Federal program overseers (DHS or contractor representatives)
- Occasionally, specialists if your case involves specific areas (mental health, financial crimes, etc.)

They review:

- Surveillance reports from community members
- License plate reader data showing your movements
- Social media monitoring
- Employment records
- Any police interactions or wellness checks
- Reports from affiliated actors (HOA members, neighbors participating in community watch programs)
- Incident reports (any confrontations, complaints, unusual behavior)

They ask themselves one question: Is this person still a threat?

If the answer is yes, you remain on the list. If the answer is no, you may be downgraded or released.

You will never know which decision was made. You will only notice that the pressure changes or stops.

What Are the Likely Parole Terms?

While you're never explicitly told the terms, you can infer them from the reason you were placed on the list in the first place. The parole terms are designed to neutralize whatever made you a "person of interest."

If You Were Listed for Political Activism

Your secret parole terms likely include:

- **Complete cessation of activism** for a minimum period (typically 1-3 years). No protests, no organizing, no public political speech.
- **No contact with activist networks** or organizations you were previously involved with.
- **Removal of political content from social media.** Your online presence must become apolitical.
- **Demonstrated integration into "normal" society:** steady employment, community involvement in non-political capacities, routine lifestyle.
- No whistleblowing or attempts to expose government wrongdoing.

In other words: shut up, get a normal job, stop making noise. Prove you're no longer interested in challenging authority.

Duration: Minimum 2 years of complete political silence before potential downgrade.

If You Were Listed for Substance Abuse or Mental Health Concerns

Your secret parole terms likely include:

- **Verified sobriety:** No arrests for DUI, public intoxication, or drug possession. Clean drug tests if you're ever tested in any context (employment, medical, legal).
- **Psychiatric stability:** No involuntary psychiatric holds, no wellness checks resulting in transport, no documented episodes of concerning behavior.
- **Medication compliance if applicable:** If you've been prescribed psychiatric medication, evidence of consistent use.
- **Stable living situation and employment:** No homelessness, no erratic employment patterns.
- **No claims of gangstalking:** This is critical. Any discussion of being targeted, surveilled, or harassed will be interpreted as evidence of paranoid delusions and will extend your watchlist status.

In other words: prove you're stable. Be boring. Don't make anyone worry about you.

Duration: Minimum 1-2 years of documented stability.

If You Were Listed for Unemployment or Economic Instability

Your secret parole terms likely include:

- Maintaining steady employment for a sustained period (6-12 months minimum).
- No involvement in underground economy or unreported income.
- **Demonstration of financial stability:** paying rent, no evictions, no accumulation of debt that suggests financial desperation.
- **No criminal activity related to economic survival** (theft, fraud, etc.).

In other words: get a job and keep it. Prove you're a productive member of society.

Duration: Minimum 6-12 months of stable employment.

If You Were Listed for Association with "Extremist" Groups

Your secret parole terms likely include:

- Complete disassociation from the flagged group or ideology.
- No attendance at events, meetings, or gatherings associated with the group.
- Removal of all related content from social media.
- **Public disavowal if applicable:** in some cases, making public statements distancing yourself from the group may accelerate your review.
- Integration into mainstream community activities.

In other words: abandon your previous associations. Prove you've changed.

Duration: Minimum 1-3 years depending on severity of the flagged association.

If You Were Listed for Investigative/Journalistic Activity

Your secret parole terms likely include:

- Cessation of investigation into sensitive topics (government programs, corporate wrongdoing, classified information).
- No publication or dissemination of findings from prior investigations.
- Pivot to non-controversial subjects if you continue journalism/research.
- No contact with sources related to the sensitive investigation.

In other words: stop digging. Move on to safe topics.

Duration: Indefinite, but potential downgrade after 2-3 years of non-controversial work.

Universal Parole Terms (Apply to All Categories)

Regardless of why you were placed on the list, these terms apply to everyone:

- **No discussion of gangstalking or targeted harassment.** This is the most important rule. Talking about being targeted proves you're paranoid. It extends your watchlist status indefinitely.
- **No confrontation of suspected harassers.** If you confront neighbors, security guards, or others you believe are surveilling you, this is documented as threatening behavior.
- **No filing of complaints about harassment.** Police reports, legal complaints, or formal grievances about targeting will be interpreted as evidence of delusion.
- **Maintain a predictable routine.** Erratic behavior, frequent moves, unexplained absences—these suggest instability or flight risk.
- **Appear non-threatening.** No angry outbursts, no displays of weapons, no aggressive confrontations with anyone.
- **Act as if nothing is wrong.** Go to work. Smile at neighbors. Participate in community events. Be aggressively normal.

How Long Until Release?

This varies, but general patterns emerge:

- **Low-level targets** (flagged for minor concerns, no actual criminal activity): 1-2 years of compliant behavior may result in downgrade or removal.
- **Medium-level targets** (activism, association concerns, investigative work): 2-4 years of complete compliance and demonstrated disengagement.
- **High-level targets** (whistleblowers, serious investigative journalists, individuals with classified knowledge): potentially indefinite, but may be downgraded after 5+ years of boring, compliant behavior.

The key metric they're watching is this: have you become institutionally compliant and socially integrated?

If yes, you're no longer a threat. If no, you remain on the list.

The Brutal Truth About Shadow Parole

Here's what's psychologically devastating about this system: you must perform perfect compliance without knowing if you're even being evaluated.

You don't know:

- If you're actually on a list
- What the specific terms are
- How long the terms run

- When you'll be reviewed
- Whether you've satisfied the requirements
- If you've been released

All you can do is infer the likely terms based on your circumstances, comply as perfectly as possible, and wait for the harassment to stop.

And if it doesn't stop? You don't know if you've failed to meet the terms, or if you're being tested further, or if the terms changed, or if you were never really on parole at all and this is permanent.

This is why the system is so psychologically effective. Uncertainty is torture.

Should You Submit to Shadow Parole?

This is the moral question at the heart of this book. Is it right to submit to an unjust, hidden system? To silence yourself about abuse? To act as if nothing is wrong when everything is wrong?

There's no universally right answer. But here are the practical considerations:

- **If you don't submit:** You maintain your moral integrity. You refuse to be complicit in the system. But you likely face indefinite targeting, potential psychiatric intervention, and possible destruction of your life.
- **If you do submit:** You compromise your principles. You silence yourself about injustice. But you create the possibility of eventual release. You survive.

Only you can decide which price you're willing to pay.

But if you choose survival—if you choose strategic compliance—then you need to understand exactly what that means: becoming so boring, so compliant, so institutionally embedded that monitoring you becomes pointless.

That's the Jupiter strategy. And we'll explore it fully in the chapters that follow.

Grifts and how to starve them:

1. The “Street Walkers” Stalker-walker grift.

Playbook: Cross targets’ car path every time they enter or exit their residence or go about their daily predictable routine with a handful of usual stalkers. So that it’s obvious to the target that their routine is being monitored. That it’s too coincidental for the same person to ‘alwaysy’ be at that stop sign or at that mailbox every time they leave the house. In a geospatial way. But also not obvious from the outside. From the outside it looks like a regular person walking their dog.

Do this day after day week after week. Until the target finally confronts the stalker. “Stop stalking me! It usually ends up in disturbing the peace. Or trespass. Or assault.

Then the police are called. They file a police report and do a wellness check. If the target answers the door and is all crazy, a 1013 is filed, or a request to have this target mentally evaluated.

Then a sheriff is sent to collect the target for their emergency mental health hearing. Flock cameras aid in tracking down where the target is.

Then in mental hospital, injections are given. The target is made to be addicted to hardcore psychotropic drugs. Teh target is drugged with schizo meds. Released and has to go to counseling. Outpatient care.

And often has a new case of voice to skull. And there’s big bucks for shocking the target remotely, programming the voices that will constantly buzz in the targets ears. Medicate the target. Counsel the target. Bed the target. And massive insurance payouts.

How to starve it: Don't react! The perps in their contracts must get a screenshot of you looking and reacting to their antics. Be stoic like saturn for a year or so.

And if you just can't stand in the meantime that they're getting paid to do this, to harass you and hope you'll get injected with mystery tech and get an ego rise out of it, just get yourself cams. Body cams. Tesla 360 degree cams. Video them.

But don't react! Just calmly video.

And understand under their contracts, to be plausibly deniable, there are likely terms that state that they can't get photographed more than 3X in a damn week. Or this would allow the target to broadcast on social media the existence of the DHS program on the local level.

Also remember, if you can not react, you may be closer to passing your secret parole. Which will dry up the grift! That's the ultimate weapon!

And if you still can't stand it and must have a jab, well, just insult them to their faces.

But don't insult them by saying "you're a sack of shit stop folloiwng me get a real job!" because that admits you'r being followed, adn they can say to that : I'm calling the police! You're crazy! Dont' give them the ammo.

And if you accidentally did, LEAVE THE JURISDICTION. Research your local laws. See how long an order to apprehend lasts in your state! And don't be int he jurisdiction when they're trying to transport you to your mental health hearing!

2. The APS Grift:

For example, agencies such as Adult Protective Services (APS) or Child Protective Services (CPS), which are formally tasked with protecting vulnerable individuals, are described as instead functioning in ways that harass or obstruct designated targets. When a target assumes power of attorney for an elderly parent following APS involvement, the agency may request routine materials such as bank statements or copies of checks. However, the target then encounters subtle interference that makes compliance difficult—documents go missing, records appear incomplete, or reporting requirements become impossible to satisfy.

In some cases, APS may instruct a sibling to request documentation, only for the target to discover that the requested files are unavailable or fragmented, creating additional administrative obstacles. These manufactured failures are then used as justification for APS to intervene further, often advocating for a guardian ad litem or a professional power of attorney to assume control of the estate—sometimes resulting in financial benefit to those parties.

Similar patterns are reported in professional environments overseen by ethics boards or licensing bodies, where each responsibility appears to be repeatedly "tested" through disruption, obstruction, or apparent sabotage.

Some targets also report what they describe as "driving mafias," in which multiple vehicles appear to coordinate in highly specific ways that increase the risk of traffic incidents. Under this interpretation, routine driving situations become deliberate tests of a target's basic obligations tied to holding a driver's license.

These situations may involve sudden yielding conflicts, unsafe following distances imposed by other drivers, risky passing scenarios, or obstacles created while entering or exiting parking lots—forcing the target to constantly assess whether the path ahead is intentionally obstructed. Even a minor error under these conditions could result in a serious or fatal accident, while others involved may later benefit through insurance claims or related financial outcomes.

The effect, as described, is to keep the target in a constant state of uncertainty. If the pressure were limited to a single, uniform form of harassment, it would become predictable. Instead, the alleged variability ensures that the target is always trying to anticipate what form the next disruption might take.

Small Legal Chess Moves: Coordinated and Within Limits

Once a target experiences pressure across multiple areas of their life, they may begin to perceive the scale of coordination involved. At that stage, the harassment no longer appears limited to neighbors operating within community-policing frameworks, but seems to extend to bankers, accountants, attorneys, and public agencies—each interacting through distinct mechanisms such as elder financial abuse allegations, identity-related inquiries, or guardianship pathways.

For example, in situations involving a suspected elder financial abuse scheme, a target may suddenly experience heightened scrutiny related to assisting an elderly parent with routine financial matters.

A banker at Wells Fargo may freeze the parent's account and file a Suspicious Activity Report (SAR) when the target attempts to help a competent elderly parent purchase a certificate of deposit without a power of attorney.

A small legal chess move.

Another banker may then contact law enforcement after the target complains that she and her mother have complied with all requests, answered every question posed by the fraud department, and yet the account remains frozen.

A small legal chess move.

A designated "fraud officer" within the police department may subsequently communicate only with the sibling, encouraging them to retain an elder-care attorney.

A small legal chess move.

The family's accountant may suggest a joint meeting with the sibling and their attorney, spending significant time emphasizing a single, minor handling issue attributed to the target.

A small legal chess move.

The sibling then switches accountants, and the former accountant recommends contacting Adult Protective Services (APS).

A small legal chess move.

Once APS becomes involved, the attorney advises mediation as quickly as possible.

A small legal chess move.

During mediation, the target is pressured to agree to compliance terms, such as detailed and ongoing accounting requirements.

A small legal chess move.

Then, during the act of compliance itself, unexpected interference appears. At this stage, compliance becomes the trap.

What began as interaction with conventional, rule-bound professionals shifts into engagement with an opaque and adversarial system. The arrival of APS can feel like the appearance of a grim reaper—not as a sudden strike, but as a hovering presence. It selects a focus, watches closely, circles persistently, and concentrates on perceived vulnerability. For a limited internal window—often described as roughly sixty days—the system appears unusually aggressive and consolidated.

During this period, ordinary safeguards seem to erode: critical bank records go missing, spare keys disappear, backup devices vanish, and mail arrives damaged in ways that suggest concealment rather than error. Documentation demands multiply into the hundreds, and the target is expected to perform at a professional standard under conditions that are structurally impossible.

If the target survives this window, the pressure may temporarily recede—only to regroup and circle again later.

This marks a fundamental shift in the nature of the chess being played. Earlier pressure resembles the use of pawns: small, incremental legal moves that advance slowly, each

one nudging the target closer to confinement through exhaustion and procedural overload.

APS, by contrast, functions more like a queen on the board. Its authority appears multidirectional, moving diagonally, horizontally, and vertically across systems that were previously separate. Within its operational window, APS seems able to observe broadly, coordinate across agencies, and act through multiple channels at once.

Communications feel monitored, private spaces feel newly exposed, documents vanish without explanation, and third parties—such as siblings—appear activated behind the scenes. The agency operates with greater discretion and procedural protection, allowing pressure to be applied simultaneously through financial, medical, legal, and familial vectors.

In chess terms, this is no longer a slow endgame of attrition, but a sudden escalation in piece power—compressing time, limiting defensive options, and forcing the target to respond on multiple fronts at once.

This is where the pattern of "small legal chess moves" appears, from the target's perspective, to cross a qualitative line. Different institutions operate under different levels of transparency, immunity, and procedural constraint, resulting in vastly unequal power on the board.

APS involvement is widely perceived as opaque. Its actions are difficult to observe directly, communications often occur indirectly—through relatives, attorneys, or intermediaries rather than the target themselves—and its processes are shielded by internal confidentiality rules and governmental immunity doctrines. Even if the elderly parent later states that they do not want APS involvement, disengagement may no longer be possible once another party insists on continued intervention.

At this stage, the distinction becomes apparent:

- Participants operating within public-facing institutions—banks, accountants, private attorneys—are constrained by written policies, documentation requirements, and external oversight. Their actions remain formally bounded and individually lawful.
- Participants operating within less transparent governmental structures function with broader discretion, fewer visibility requirements, and stronger institutional protections, making their actions harder to contest or even fully understand.

From the outside, each step appears procedurally valid. From the inside, the cumulative effect can feel coordinated—like a sequence of deliberate chess moves, each lawful in isolation, but collectively advancing toward a predetermined outcome. Not through a

single decisive act, but through gradual positional pressure, narrowing options, and exhausting resistance—one move at a time.

APS three entrances:

1. APS Medical Entrance: The medical emergency entrance: coach your sibling to take mom to a competency exam, followed by a diagnostic exam of something medical. Only to be diagnosed as something urgent and 'emergency'. Then schedule a follow up appointment. Hope you cancel. So they can paint you as obstructionist or neglectful of your parent. Push for guardianship with sibling . if your sibling wins, great, split cash then. If you win, guess what you didn't! You are pinned with full blame. To be pushed into next phase: sabotaging safety gear and meds.
2. APS Financial entrance: maybe mom has to be the executor of dad's estate. She's officially named, not you. Say she can't do it. She's not competent to do it. Then you better complete it! Then they'll say – we need to do mediation! In the mediation they'll get you to agree to two things: 1. That you do an accounting. Maybe a forensic accounting. And 2. That you update a medical paper - like advanced heatlhcare directive. This will accidentally induce you to claim yo'ure the only one on the hook if something goes wrong. Then when it's time to do your paperwork, you'll find that files mysteriously disappear. Check copies disappear. Keys to mom's file room disappears. Her verification code phone disappears. And you're scrambling to answer every question under pressure - of just how extensive all the details are plus this record sabotage. You'll be dragging mom to multiple banks to get 5 year old records.
3. Safety sabotage. Once you're named as only one on hook by advanced medical directive or guardianship, then you'll be blamed! They'll make it hard for you to schedule medical appointments gaslight you there. Or refill prescription. They'll have a long 90 day prescription. Then as soon as it's about to be updated, all sorts of doc appointments cancelled so they run out. Little do you know this will make mom really dizzy and confused. Hopefully it runs out when you're on a trip. Then mom falls or forgets something. As 'they' help her break her smoke detector, lose that stove timer, have the yard extra trashy because landscaper doens't show up, because yard equipment breaks. Maybe they assist the power going out in helping a tree fall on power line, so that mom falls in dark. Either way, you're responsible. Because you chose to be – you chose to 'win' that guardianship suit or appointment yourself first in line in the advanced healthcare directive to make mom's health decisions.

Workplace Sabotage Grift:

Once you understand the concept of secret parole, you'll realize that a target can finally put an end to their case if they don't react, get a job, and satisfy other secret conditions. Like if they're an activist, shuttng up!

Befriend/Betray Grift

Dfadf

Befriend and Getting you to talk Grift

Once you understand the concept of secret parole, you'll realize that a target can finally put an end to their case if they don't react, get a job, and satisfy other secret conditions. Like if they're an activist, shuttng up! Often times you get on the list because your political views were extreme. Tha't snot saying they're completely wrong. Just that they marry taboo opinions (like racism) with truths (like maybe there's social engineering in America). And they hope you don't separate the taboo with the truth, and go around looking like an ass hole. So that stalking to local boomers is justified!

Supposed you change your views. Become reformed. Stop posting. Get a job. And stop reacting. Suddenly, you'll find frat friends asking almost probing you for questions…. It's the jews right! They'll ask as you're all drunk smoking weed in the hot tub!

Don't take the bait. When this happens, you know yo'ure close to total freedom from the grifts and are starving them all out!